

Classes with less than 3 participants are subject to cancellation.



## Group Cycling Schedule

**Phone: (843) 785-3024**  
**www.playershealthclub.com**

Club Hours: Monday-Friday 6 am – 9 pm  
Saturday: 8 am – 6pm  
Sunday: 9 am – 6 pm

*The indoor pool closes 15 minutes  
before the gym!*

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>8:00 AM</b>	<b>Group Cycle</b> (Margaret)	<b>Group Cycle</b> (Amale)	<b>Group Cycle</b> (Kristen)		<b>Group Cycle</b> (Kristen)	
<b>9:00 AM</b>						<b>Group Cycle</b> (Kim)
<b>10:00 AM</b>						
<b>5:30 PM</b>		<b>Group Cycle</b> (rotates)		<b>Group Cycle</b> (Amale)		
<b>6:00 PM</b>	<b>Group Cycle</b> (Lila)		<b>Group Cycle</b> (Julie J)			

Please note the following:

- Sign up for cycling classes begins on Sunday each week.
- Reserve your spot early by signing up at the front desk.
- \$10 fee for class for non members (hotel guests, timeshare guests, weekly/daily members)
- Please only sign yourself up, not others.
- Phone reservations are accepted.
  
- If you reserved a spot and cannot make it to class call and cancel.
- **No shows will be fined \$10 and not allowed to attend another cycle class until fine is paid.**
  
- Bring Water! You will need it!
- Gel Seats are sold at the front desk for \$20. Be comfortable during your ride!